PROGRAM SELECTION MATRIX TABLE

KEY: 0=None available 1=Poor 2=Adequate 3= Excellent

NAME	TYPE		COSTS			INFORMATION				EVIDENCE OF EFFECTIVENSS					CULTURE
1	2	3	4a	4b	4c	5a	5b	5c	5d	6a	6b	6c	6d	6e	7
	Target audience	Availability	Material Costs per 25 students	Training Costs per Person	Additional Costs	Length of Program	Facilitators (e.g. any staff, psychologist)	Skills Developed	Theory/Learning Strategy	Theoretical framework	Evidence of effectiveness – practice and controlled study	Follow-up/longitudinal evidence	Evaluation tools	Screening tools	Cultural Applicability
EXAMPLE	Ages 14 to 17 Anxious students	All States	$400	$100	$60	2 hrs a week over 8 wks	Teacher	Resilience Coping skills	Cognitive Behavioural Therapy. Requires high level of literacy	3	Practice –3 Study- 1	2 based on 3-month follow-up	2	1	2